

CERTIFICATE OF PARTICIPATION

This is to certify that

Izak Grove

Has successfully participated & completed the

13km Shift Wellness - Winter Wellness Trail Series

held at Walter Sisulu Garden.

TIME 01:53:47

PACE 08:45/km

OVERALL 39 of 59

GENDER 34 of 40

OPEN 17 of 19

21 July 2019, Sun

Date



BoutTime

Signature

